



Press Release

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CONTACT:

Jeff Cox
Public Relations Manager
(909) 869-2158

Bronco Fitness Center Reaches Membership Milestone

The Bronco Fitness Center gained its 2,000th member on Thursday, January 15, 2004. Jennifer Dalisay, a 2nd year Cal Poly Pomona accounting major who lives in the Residential Suites, earned the distinction. She is one of many faculty, staff, and students of Cal Poly Pomona that have become members of the Bronco Fitness Center since it opened less than a year ago last April.

"I heard it was cheap and on campus, so it's perfect because I live in the new suites," Dalisay said. The Fitness Center, a service of Associated Students, Inc., is centrally located in the Bronco Student Center, Building 35, next to the Bronco Bookstore.

The 11,000 square foot comprehensive fitness, wellness and health promotion facility is professionally and student staffed. Open 7 days a week, The Bronco Fitness Center features extensive machine and free weight equipment, and cardiovascular equipment including bikes, treadmills, and elliptical and rowing machines.

The Bronco Fitness Center also features group exercise classes including spinning, abs, total body conditioning, and hip hop aerobics. Locker rooms, equipped with restrooms and showers are available making it convenient to workout before, between, and after classes, breaks, or work.

Newly added 'Get Started Orientations' (GSO) are being offered to all new and current members. Each member is eligible for one free GSO with a fitness specialist. The GSO gets members acquainted to the center and set up with a basic workout.

Memberships are available to Cal Poly Pomona students for \$15.00 a month, and to faculty, staff, and alumnus for \$25.00 a month.

Dalisay was awarded one free month of membership for being the 2,000th member. For information on the Bronco Fitness Center and how you can become a member, visit www.asi.csupomona.edu/bfc or call (909)869-2109.

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