








## 1. Your Age

		Response Percent	Response Count
Under 18yrs		1.0%	2
<b>18-20</b>		<b>39.5%</b>	<b>81</b>
21-23		35.1%	72
24-27		13.7%	28
28+		10.7%	22
<b>answered question</b>			<b>205</b>
<b>skipped question</b>			<b>0</b>

## 2. You are

		Response Percent	Response Count
<b>Male</b>		<b>54.7%</b>	<b>111</b>
Female		45.3%	92
<b>answered question</b>			<b>203</b>
<b>skipped question</b>			<b>2</b>




### 3. Academic Year

		Response Percent	Response Count
Freshman		9.8%	20
Sophomore		19.5%	40
Junior		18.5%	38
<b>Senior</b>		<b>39.5%</b>	<b>81</b>
Graduate		2.0%	4
NA		1.0%	2
Faculty/Staff		9.8%	20
<b>answered question</b>			<b>205</b>
<b>skipped question</b>			<b>0</b>







### 4. Do you live on Campus?

		Response Percent	Response Count
Yes		42.9%	88
<b>No</b>		<b>57.1%</b>	<b>117</b>
<b>answered question</b>			<b>205</b>
<b>skipped question</b>			<b>0</b>



## 5. How long have you been a member at the Bronco Fitness Center?

		Response Percent	Response Count
Less than 1 year		47.4%	90
1-2 years		38.4%	73
3 + years		14.2%	27
answered question			190
skipped question			15







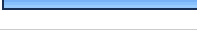


## 6. Approximately how many days a week do you CURRENTLY exercise?

		Response Percent	Response Count
Not at all		11.0%	21
1 day		9.9%	19
2 days		22.5%	43
3 days		28.8%	55
4 days		12.0%	23
5+ days		15.7%	30
answered question			191
skipped question			14

## 7. I would recommend the Bronco Fitness Center to others.

		Response Percent	Response Count
Yes		93.2%	178
No		6.8%	13
	If No, please specify why		14
<b>answered question</b>			<b>191</b>
<b>skipped question</b>			<b>14</b>

## 8. I usually hear about Bronco Fitness Center Programs via(Select all that apply):

		Response Percent	Response Count
BFC Website		16.2%	31
Bulletin Boards		22.5%	43
Facebook/Twitter		12.6%	24
Staff Members		20.9%	40
<b>Flyer</b>		<b>44.0%</b>	<b>84</b>
From a friend		29.8%	57
Member Email		29.3%	56
Member Newsletter		5.2%	10
Posters		32.5%	62
	Other (please specify)		0
<b>answered question</b>			<b>191</b>
<b>skipped question</b>			<b>14</b>

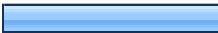

## 9. When I Use the Bronco Fitness Center...

	Strongly Agree	Agree	NA	Disagree	Strongly Disagree	Response Count
I have a more relaxed approach to a stressful day	36.6% (70)	<b>47.6% (91)</b>	11.0% (21)	4.2% (8)	0.5% (1)	191
I feel more alert and focused on the tasks at hand	34.7% (66)	<b>47.4% (90)</b>	14.2% (27)	3.2% (6)	0.5% (1)	190
I feel like I am taking responsibility for my health	<b>63.9% (122)</b>	30.9% (59)	3.7% (7)	1.0% (2)	0.5% (1)	191
It contributes to my student life satisfaction	<b>45.3% (86)</b>	37.4% (71)	12.6% (24)	3.7% (7)	1.1% (2)	190
<b>answered question</b>						<b>191</b>
<b>skipped question</b>						<b>14</b>

## 10. Please answer the following questions about our Fitness Center Staff

	Strongly Agree	Agree	Disagree	Strongly Disagree	Response Count
Staff is friendly and attentive	<b>51.9% (97)</b>	44.9% (84)	2.7% (5)	0.5% (1)	187
Staff provides health information and sources to fitness programs	34.8% (65)	<b>50.3% (94)</b>	13.9% (26)	1.1% (2)	187
Staff is available to quickly respond to safety concerns	42.2% (79)	<b>50.3% (94)</b>	5.9% (11)	1.6% (3)	187
Staff is quick to respond to member concerns	43.9% (82)	<b>48.7% (91)</b>	5.9% (11)	1.6% (3)	187
<b>answered question</b>					<b>188</b>
<b>skipped question</b>					<b>17</b>

## 11. Do you participate in Group Exercise classes?

		Response Percent	Response Count
Yes		32.4%	61
No		67.6%	127
	If No, please specify why not		97
<b>answered question</b>			<b>188</b>
<b>skipped question</b>			<b>17</b>

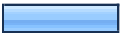





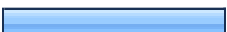









## 12. Group Exercise Classes are...

	Strongly Agree	Agree	NA	Disagree	Strongly Disagree	Response Count
Fun and interesting classes	54.1% (33)	41.0% (25)	1.6% (1)	3.3% (2)	0.0% (0)	61
Encourage and support individuals at all fitness levels	59.0% (36)	39.3% (24)	1.6% (1)	0.0% (0)	0.0% (0)	61
Provide instructional cues to guide my workout	55.9% (33)	35.6% (21)	5.1% (3)	3.4% (2)	0.0% (0)	59
<b>answered question</b>						<b>61</b>
<b>skipped question</b>						<b>144</b>

**13. What time of day do you prefer to take Group Exercise classes? (click all that apply)**



		Response Percent	Response Count
6:30am-8am		12.9%	24
9am-11am		15.1%	28
12:00pm		12.9%	24
1pm-3pm		15.6%	29
<b>4pm-7pm</b>		<b>49.5%</b>	<b>92</b>
Later than 7pm		36.6%	68
<b>answered question</b>			<b>186</b>
<b>skipped question</b>			<b>19</b>

## 14. I am interested in the following classes (Select all that apply)




		Response Percent	Response Count
Beginner/Low Impact		17.2%	32
Boot Camp		26.3%	49
Cardio Circuit		34.4%	64
<b>Core Body</b>		<b>47.3%</b>	<b>88</b>
Dance		26.3%	49
Cycling/Spinning		29.0%	54
Turbo Kickboxing		33.3%	62
Martial Arts		29.6%	55
Body Sculpting		35.5%	66
Pilates		26.9%	50
Pole Dancing		19.9%	37
Step Aerobics		22.6%	42
Stretch/Flexibility Training		33.9%	63
TRX classes		5.9%	11
Walking/Running		19.4%	36
Yoga		38.2%	71
	Other (please specify)		10
<b>answered question</b>			<b>186</b>
<b>skipped question</b>			<b>19</b>





### 15. Did you complete your FREE Health Start/Exercise orientation with a trainer?

		Response Percent	Response Count
Yes		16.7%	31
No		83.3%	155
answered question			186
skipped question			19



### 16. If yes, was the Health Start Orientation helpful?

		Response Percent	Response Count
Yes		16.1%	30
No		2.7%	5
NA		81.2%	151
answered question			186
skipped question			19




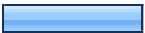
### 17. I have purchased Personal Training sessions

		Response Percent	Response Count
Yes		3.8%	7
No		96.2%	179
answered question			186
skipped question			19

## 18. I am satisfied with my experience with my personal trainer

		Response Percent	Response Count
Strongly Agree		71.4%	5
Agree		28.6%	2
NA		0.0%	0
Disagree		0.0%	0
Strongly Disagree		0.0%	0
<b>answered question</b>			<b>7</b>
<b>skipped question</b>			<b>198</b>

## 19. If you have NOT participated in personal training, please tell us why

		Response Percent	Response Count
I already know what I need to do, I don't need help		32.6%	60
Too expensive		37.0%	68
I'm too busy		35.9%	66
I don't know enough about it		20.7%	38
Other (please specify)			11
<b>answered question</b>			<b>184</b>
<b>skipped question</b>			<b>21</b>




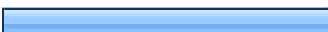
## 20. Based on your experience, please rate the following.

	Strongly Agree	Agree	Disagree	Strongly Disagree	Response Count
Equipment in facility meets your exercise needs	43.5% (80)	<b>47.8% (88)</b>	7.6% (14)	1.1% (2)	184
Equipment is properly maintained and clean	<b>50.3% (93)</b>	43.8% (81)	5.4% (10)	0.5% (1)	185
Lockers and showers are properly maintained and clean	48.6% (89)	<b>49.2% (90)</b>	1.6% (3)	0.5% (1)	183
Fitness Center layout meets member needs	<b>47.0% (87)</b>	44.9% (83)	7.0% (13)	1.1% (2)	185
<b>answered question</b>					<b>185</b>
<b>skipped question</b>					<b>20</b>

## 21. Based on your experience, please rate the following. Use NA if it does not apply

	Strongly Agree	Agree	NA	Disagree	Strongly Disagree	Response Count
Boot Camp class meet my satisfaction	9.0% (16)	2.3% (4)	<b>88.7% (157)</b>	0.0% (0)	0.0% (0)	177
Items for sale in the BFC meet my satisfaction	11.9% (21)	22.2% (39)	<b>63.1% (111)</b>	2.3% (4)	0.6% (1)	176
<b>answered question</b>						<b>178</b>
<b>skipped question</b>						<b>27</b>

**22. What other Fee based program would you be interested in participating in (Select All that apply)**

		Response Percent	Response Count
Weight Management		48.6%	84
GoWear Fit (body Monitoring System)		32.4%	56
On-line Calorie Tracking Programs		32.4%	56
Online Fitness Tracking Programs		49.1%	85
Other (please specify)			9
		<b>answered question</b>	<b>173</b>
		<b>skipped question</b>	<b>32</b>

**23. Final Comments Are there any comments, feedback or suggestions you wish to add to assist us in improving your member experience at the Bronco Fitness Center?**

		Response Count
		56
		<b>answered question</b>
		<b>56</b>
		<b>skipped question</b>
		<b>149</b>

**24. Please fill out the information below to win a FREE Ipod or \$30 gift certificate to Best Buy! Thank you for your time!**

		Response Percent	Response Count
<b>Name:</b>	<input type="text"/>	100.0%	178
<b>Email Address:</b>	<input type="text"/>	100.0%	178
<b>Phone Number:</b>	<input type="text"/>	100.0%	178
<b>answered question</b>			<b>178</b>
<b>skipped question</b>			<b>27</b>